

## DISCRIMINATION SERVICES

- **Legal Aid Justice Center:** 977-0553; 1000 Preston Ave #A. Legal consultation for housing and job discrimination, civil rights, immigration. Call.
- **Central Virginia Legal Aid Society:** 296-8851; 103 E Water St Suites 201 & 202. Legal consultation for evictions, foreclosures, sexual/domestic violence. Call or go online: <https://cvlas.org/get-help/>.
- **Office of Human Rights:** 434-443-0048; 106 5<sup>th</sup> St NE. If you feel that you have been a victim of discrimination in employment, credit, housing, education, or public accommodations in Charlottesville, call 434-970-3023.

## OTHER EMERGENCY SUPPORT

- **Community Resource Line:** 833-524-2904. Call for financial assistance/help with community resources.
- **Home to Hope:** 970-3933, 100 5<sup>th</sup> St, NE. For Cville residents recently released; resource navigation.
- **AIM:** 972-1704. Mon-Fri 8-3. Local utility, housing aid. Call Salvation Army for electricity & heat or visit AIM website.
- **Love INC:** 977-7777. Emergency resource referral. Office open, <https://loveincville.org/request-help>
- **OAR:** 296-2441. Safe incarceration alternatives/services, post Incarceration-Reentry Services and Assistance.
- **JABA Senior Helpline:** 817-5222. Direct service to older adults and caregivers. Medicare / ACA counseling (all ages).
- **One Stop Shop Cville:** Monthly event offering free services. Check website for details: [www.onestopcville.org](http://www.onestopcville.org)
- **Assurance Wireless Free Phone Program:** 888-321-5880. Apply online at <https://www.assurancewireless.com/>
- **The Fountain Fund:** 434-234-3600. Loans to those formerly incarcerated. [www.fountainfund.org/loan-inquiries](http://www.fountainfund.org/loan-inquiries)
- **Piedmont Housing Alliance:** 434.817.2436. Offers resources for renters. Call or go online.

## NEED MORE INFO?

Use this QR code to open a webpage with information on the resources listed here, or go to:  
<https://tinyurl.com/covidresourceguidecville>



SCAN ME!

## SOCIAL SERVICES

**Virginia Dept of Social Services:** Go online [commonhelp.virginia.gov/](http://commonhelp.virginia.gov/) or call: 1-855-635-4370 to apply for benefits or 1-855-242-8282 to apply for Medicaid. For other needs, call 970-3400 (Charlottesville) or 972-4010 (Albemarle). Offices are open. Assistance applications can be filed online or in person: 120 7th Street NE Charlottesville

- Text "FOOD" or "COMIDA" 844-947-6518 to enroll in and access information about City and surrounding county food resources

## LITERACY / GED

- **Thomas Jefferson Adult Career Education (TJACE):** 961-5461. GED prep, family literacy, ESL, and career readiness training.
- **Literacy Volunteers:** 977-3838; 233 4<sup>th</sup> St NW (Jefferson School). Tutoring in reading, writing, English as 2<sup>nd</sup> language, and citizenship. Additional resources online ([literacyforall.org](http://literacyforall.org))
- **Sin Barreas:** 434-531-0104; GED prep in Spanish, ESL classes, and citizenship classes. Email [info@sinbarrerascville.org](mailto:info@sinbarrerascville.org)

## VETERANS SUPPORT SERVICES

- **VA Medical Center:** 293-3890; 590 Peter Jefferson Pkwy #250.
- **Supportive Services for Veteran Families:** 804-788-6825. Rapid rehousing & supportive services. Offices closed, call for services.
- **Virginia Department of Veterans Services:** 434-529-6431; 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Appointments available.

## EMPLOYMENT SERVICES

- **Virginia Employment Commission:** 1-866-832-2363. Call or go online ([www.vec.virginia.gov/unemployed/online-services](http://www.vec.virginia.gov/unemployed/online-services)) to file for unemployment. For pandemic claims call 866-835-6058.
- **Goodwill Industries of the Valley:** 1-540-581-0620. Free virtual job training & career coaching. Register online.
- **Downtown Job Center:** 970-3933, 100 5<sup>th</sup> St, NE. Open 9 am to 5 pm. Call for more information on services/appointment availability.
- **Network2Work 961-5255 and Virginia Workforce Center One-Stop 282-2594:** Both are open and accepting clients
- **Virginia Workforce Connection:** Resume building, job search, interview skills, and more. Go to: [www.vawc.virginia.gov/vosnet](http://www.vawc.virginia.gov/vosnet)

## CLOTHING

- **Salvation Army Thrift Store:** 605 Cherry Ave. Open
- **CVBA Clothing Center:** 434-906-3300. 815 Boiling Ave. Referrals required. Open Mon 10-2pm and Tues 10-12 pm.
- **Twice is Nice Thrift Store:** 923B Preston Ave, 918 Preston Ave.
- **Green Olive Tree:** 823-4523. Open 11-4pm Monday-Saturday.
- **Hinton Ave Methodist Closing Closet:** (434) 293-7049 750, Hinton Ave, Tuesdays from 10am-1pm

## TRANSPORTATION

- **JAUNT:** 296-3184. Regional transportation for those with disabilities.
- **CAT Charlottesville Area Transport Bus System:** 434-970-3649, Option 3. Free Transportation.
- **Medicaid Cabs:** Non-Emergency Medical Transportation Services to all covered members. Find phone numbers online at DMAS.

# STREET SHEET – Resources in Charlottesville/Albemarle

**Version 25. Last updated: 8/4/23.**

*This is an updated list of local resources. All phone numbers are area code 434 unless noted otherwise. For more info, use the QR code to check webpage.*

## PUBLIC MEALS

- The Haven; 112 W Market
- Salvation Army; 207 Ridge St

Breakfast	Lunch: 12-1pm	Dinner
Mon-Sun 7:30am <b>@The Haven</b>	Mon <b>@First United Methodist Church</b> Tues <b>@Christ Church</b> Wed <b>@First Presbyterian</b> Thurs <b>@Holy Comforter</b> Fri/Sun <b>@The Haven</b> (Sun at 11 am)	
Mon-Sat 7am Sun 9:30 am <b>@Salvation Army</b>		Mon-Sat 5:30pm <b>@Salvation Army</b>

## HOMELESS SERVICES

- **Salvation Army Emergency Shelter:** 295-4058; 207 Ridge St. Men, women, families, children; Call or walk-in 10am-10pm. Accepting screened guests.
- **Homeless Information Line:** 207-2328. Call if currently or at risk of experiencing homelessness within the next two weeks. Housing interventions.
- **The Haven:** 973-1234, 112 W Market. Day shelter; housing navigation, laundry, showers, etc.
- **PACEM:** Low-barrier emergency congregate shelter for adults from November to March. Access via Homeless Information Line voicemail, 434-207-2328.
- **Shelter for Help in Emergency (SHE):** Hotline: 293-8509. Domestic violence shelter. Open to new guests.
- **ReadyKids – Runaway Emergency Services:** Hotline 972-7233. Still active.

## EMERGENCY FOOD

- **Emergency Food Network:** 979-9180; 900 Harris St. 3-day supply, 1x/mo. Call 9am-12pm Mon, Wed, or Fri to request, then pick-up 1:30pm-3:30pm.
- **Loaves and Fishes:** 996-7868; 2050 Lambs Road. 7-10 day supply, 2x/mo. Drive-through pick-up on Wed (2pm-4pm), Thurs (6:30pm-8:30pm), and Sat (10am-12pm). For Groceries by Appointment: 3:00 - 7:00 PM on Tuesdays at <http://cvilleloaves.org/>
- **B.F. Yancey Community Center:** 7625 Porters Rd, Esmont, VA. 2nd Sat/mo & 4th Fri/mo, 5-7pm. Drive-up.
- **Blue Ridge Area Food Bank:** 1207 Harris St. Walk-in food pickups M-Th, 1:30 to 3:30 as one-time emergency food

### **Church-based Food Pantries:**

- **Church of the Incarnation:** 465-2671; 1465 Incarnation Dr. Sun 1:30-3:30pm. Do not need to pre-register.
- **Church of our Saviour Episcopal:** 1165 Rio Rd E. Mon & Wed. 10:30-12, Fri 10:30-12, Open.
- **Christ Episcopal Church:** 120 West High Street. Tues 12-1. Call 434-293-2347.
- **St. Paul's Episcopal Church:** 851 Owensville Rd. 3rd Wed/mo, 3:30- 5:00 pm. Must reside in Western Albemarle. Open; call 434-979-6354 to request.
- **Unitarian Universalists:** 717 Rugby Rd. 1st Fri/mo 8:30-11:30am (sign-in at 8am at 703 Rugby Rd).
- **New Beginnings Christian Community:** 1130 E Market St. Mon, Tue, Fri. 1-4 pm; Sat. 10-2 pm; Closed Wed, Thu, Sun. Open; call 249-5691 to request.
- **Buck Mountain Episcopal Church:** 4133 Earlysville Road, Earlysville, Virginia 22936. Fourth Tuesday/mo 3-5pm; Second Wednesday/mo 3-5 pm. Call 434-973-2054, Email: [ssnagv52@gmail.com](mailto:ssnagv52@gmail.com)
- **Belmont Baptist Church:** 830 Monticello Ave: 434-296-7111. Friday from 10:30am - 12 pm.
- **Come As You Are Cville @MVMNT Church:** 309 Hillsdale Drive. From 12 to 1:30 every Friday.

### **Food Delivery Services:**

- **JABA Home Delivered Meals:** 434-817-5244. For low-income seniors unable to prepare meals. Call.
- **Meals on Wheels:** 293-4364. Hot lunch deliveries to homebound individuals. Call or apply online.

### **Kids:**

- Charlottesville provides meals to any child under 18yrs old: <https://frapps.horizonsolana.com/welcome>

## MENTAL HEALTH & SUBSTANCE USE SUPPORT

- **Region 10:** Mental health services. Mon-Fri, 8:30 am to 12:00 pm. Call 434-972-1800 for first come/first serve same-day appointments. Crisis lines: 972-1800 / 1-866-694-1605. Offers free Acudetox treatment and support from 9am-4pm Mon-Fri.
- **On Our Own:** 979-2440; 123 4<sup>th</sup> St NW. Peer-driven mental health and addiction recovery programming. Building open 10-5.
- **Teen Crisis Hotline:** 972-7233. Support services for youth. Call hotline to set up online counseling.
- **Women's Initiative:** 872-0047. Counseling and support services for women/transgender women. Free call-in and walk-in clinic available, see website for hours: [thewomensinitiative.org](http://thewomensinitiative.org).
- **Mental Health Association Virginia Warm Line:** 866-400-6428. Peer-run support line for individuals or concerned others.
- **Grief Share:** 800-395-5755. Online support group for coping with loss/divorce. See website for schedule or call.
- **ReadyKids:** 296-4118. Counseling for teens and families, other mental health resources online.
- **NAMI Blue Ridge:** 434-260-8127 / 540 Belvedere Blvd. Provides mental illness support and resources for loved ones.
- **Empowering Families Program:** 434.971.8454. Offers a Substance Abuse Intensive Outpatient Program. Call.
- **Addiction Allies:** 434-400-9668. Suboxone clinic / medication assisted treatment, online counseling (substance use & mental health) and partial hospitalization. Accepts Medicaid, Private Insurance, and Self Pay. No referral needed, Call or go online.
- **Addiction Recovery Systems:** 220-0080. 103 S. Pantops Dr. Methadone & Suboxone treatment center, counseling. Accepts Medicaid & Medicare. No referral needed. Call for screening.
- **Online addiction peer support meetings:** SMART Recovery; Alcoholics Anonymous (293-6565); Narcotics Anonymous (800-777-1515; <https://piedmontvana.org>); Al-Anon ([cvillealanon@gmail.com](mailto:cvillealanon@gmail.com), 972-7011 hotline); **Al-Ateen** (972-7011 hotline); **In the Rooms:** [intherooms.com](http://intherooms.com)
- **Office Based Opioid Treatment UVA clinic (OBOT):** 924-2241 Medication-assisted treatment with counseling services. Call.
- **UVA Opioid Helpline:** 1.877.674.6437: Free telephone helpline provides individualized assistance and referrals.
- **C'ville Harm Reduction:** 434-218-0228: Provides clean needles, Narcan, and education on substance use.

## SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See section, Emergency Overnight Shelter
- **Sexual Assault Resource Agency (SARA):** Office textline: 295-7273; 24 hour hotline: 977-7273. 335 Greenbrier Dr. Resources for sexual assault survivors and bystanders.

## WOMEN'S & FAMILY HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 296-1000; 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more.
- **Whole Woman's Health:** 973-4888; 2321 Commonwealth. Abortion services, birth control, STD tests, emergency contraception, pregnancy tests, etc.
- **Blue Ridge Abortion Fund:** 963-0669. Funding for pregnant individuals who cannot afford abortions.
- **Donor Diapers:** 214-0345; Jefferson School City Center Loop 233 4th street NW. Monthly diaper & wipe giveaways. Next: 8/20, 9/17, 10/15 from 2-3:30.
- **VA Sexual Assault and Family Violence Line:** Available 24/7: 800-838-82389. Referrals to local advocates.
- **Stepping Stone:** Provides children under three from under-resourced families with essentials. Requires referral. <https://www.steppingstonecville.org/>

## PHYSICAL HEALTH

- **UVA Community Call Line:** 98-COVID, Option 3; M-F 8am-5pm. Connects individuals without a PCP to a doctor to discuss non-emergency medical needs.
- **Charlottesville-Albemarle Health Department:** 972-6269; 1138 Rose Hill Dr. Offering many in-person services by appointment. Call.
- **Charlottesville Free Clinic:** 296-5525; 901 Preston Ave. 3<sup>rd</sup> floor. Non-emergency medical care & pharmacy for low-income households. Medical & Dental: Call.
- **Central Virginia Health Services (Neighborhood Family Health):** 227-5624; 1101 East Jefferson St, Suite 1. Comprehensive sliding-scale medical & behavioral health & pharmacy. Schedule appointments online
- **Visionworks:** 293-3225, Barracks Shopping Center. Free eye exams for patients with Medicaid. Open.
- **MyEyeDr:** 973-5361, 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. Open.
- **Sentara Starr Hill Health Center:** 434 984-6220. Offers free supportive services. Call.

## COVID-19 Testing/Vaccine

- **Virginia Department of Health Testing Site Locator:** [tinyurl.com/VA-COVID-TEST-SITES](https://tinyurl.com/VA-COVID-TEST-SITES)
- **Blue Ridge Health Department Vaccine Line---**1-877-829-4682 (1-877-VAX-IN-VA)
- **Virginia Department of Health Registration for the vaccine:** <https://vaccinate.virginia.gov>